

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

NEW
Gold Menu
Autumn 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2 nd Sept 23 rd Sept 14 th Oct 11 th Nov 2 nd Dec	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese	Beef Lasagne [made with organic beef mince] with Garlic Bread	DELI Day – Baguette & Wraps with Tomato Soup	MSC White Fishfingers with Chips NEW - KS2 extra option – Fish Finger & Sweet Chilli Wrap
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Five Bean Chilli with 50/50 Rice	Shepherdess Pie with Gravy	As above	Cheese and Onion Quiche with Chips
		Sweetcorn Coleslaw	Green Beans Carrots	Roasted Mixed Vegetables	Cheese, Ham & Tuna Fillings with a variety of salads	Baked Beans Peas
	Dessert	Apple Pie & Custard Yoghurt Fresh Fruit Platter	Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Platter	Orange Drizzle Cake Yoghurt Fresh Fruit Platter	Chocolate Cocoa Cookie, Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station
Week 2 9 th Sept 30 th Sept 28 th Oct 18 th Nov 9 th Dec	Main	Cheese and Tomato Pizza with New Potatoes	50% Plant Based Cottage Pie (made with organic beef mince) with Gravy	Chicken Tagine with Rice	DELI Day – Baguette & Wraps with Vegetable Soup	MSC Breaded White Fish with Chips
	Vegetarian	Vegetable Tagine with Couscous	Vegetarian Soya Spaghetti Bolognaise	Lentil & Sweet Potato Curry with Rice	As above	Red Pepper and Cheese Frittata
		Peppers Green Beans	Peas Cauliflower	Sweetcorn Baked Tomatoes	Cheese, Ham & Tuna Fillings with a variety of salads	Baked Beans Peas
	Dessert	Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate Shortbread Yoghurt Fresh Fruit Platter	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Cinnamon Cookie Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station
Week 3 16 th Sept 7 th Oct 4 th Nov 25 th Nov 16 th Dec	Main	Spaghetti Bolognaise (made with organic beef mince)	50% Plant Based Chicken, Lentil and Gravy Pie with Mashed Potato Topping	Roast[as advertised] with Roast Potatoes and Gravy NEW - KS2 extra option – Hot Roast Baguette	DELI Day – Baguette & Wraps with Leek & Potato Soup	MSC White Fish in Batter with Chips
	Vegetarian	Quorn Burger with New Potatoes	Creamy Vegetable Pie with Mashed Potato and Gravy	Vegetarian Wellington with Roast Potatoes and Gravy	As above	Vegetable Wholemeal Pasta Bake
		Peas Carrots	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Cheese, Ham & Tuna Fillings with a variety of salads	Baked Beans Peas
	Dessert	Banana Loaf with Custard Yoghurt Fresh Fruit Platter	Rice Pudding with Mixed Berries Yoghurt Fresh Fruit Platter	Apple, Cheese and Biscuits Yoghurt Fresh Fruit Platter	Vanilla Shortbread Yoghurt Fresh Fruit Platter or Fresh Fruit	Fruit and Yoghurt Station



AVAILABLE DAILY
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection