

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Autumn 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Beef Meatballs in Tomato Sauce with Rice	Chicken Tikka with Rice	Roast Chicken with Stuffing with Roast Potatoes and Gravy	NEW 'Deli Day' Baguette & Wraps with Tomato Soup	MSC White Fishcake/ Fishfingers with Chips
03-Sep	Vegetarian	Soya Mince Lasagne & Jacket Wedges	Sweet & Sour Vegetables with Noodles	Quorn Roast with Roast Potatoes and Gravy	As Above	Macaroni Cheese with Garlic Slice
24-Sep						
15-Oct						
12-Nov	Dessert	Coleslaw Sweet corn	Sweet corn Broccoli	Carrot and Swede Mash	Cheese, Ham & Tuna Fillings with a variety of Salads	Baked Beans Garden Peas
03-Dec		Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Chocolate Sponge with Chocolate Drizzle Yoghurt Fresh Fruit Salad	Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Platter	Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Oaty Flapjack Yoghurt and Fruit Station
Week 2	Main	Pork Sausages & Mashed Potato	Spaghetti Beef Bolognese	Roast Beef with Roast Potatoes and Gravy	NEW 'Deli Day' Baguette & Wraps with Vegetable Soup	MSC Breaded White Fish with Chips
10-Sep	Vegetarian	Vegetarian Butterbean Risotto	Chickpea Aloo Chaat with Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	As Above	Wholemeal Cheese & Tomato Quiche with Chips
01-Oct						
22-Oct	Dessert	Baked Tomatoes Peas	Roasted Mixed Vegetables	Broccoli Cauliflower	Cheese, Ham & Tuna Fillings with a variety of Salads	Baked Beans Garden Peas
19-Nov		Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Lemon Drizzle Cake Yoghurt Fresh Fruit Platter	Chocolate & Banana Oaty Square Yoghurt Fresh Fruit Salad	Chocolate Sponge with Chocolate Drizzle Yoghurt Fresh Fruit Salad	Vanilla Shortbread Yoghurt and Fruit Station
10-Dec						
Week 3	Main	Cheese & Tomato Pizza	Beef Lasagne with Garlic Bread	Roast Gammon with Roast Potatoes and Gravy	NEW 'Deli Day' Baguette & Wraps with Leek & Potato Soup	MSC Battered White Fish with Chips
17-Sep	Vegetarian	Five Bean Chilli with Rice	Red Pepper Frittata with New Potatoes	Vegetable Wellington with Roast Potatoes and Gravy	As Above	Wholemeal Cheese & Tomato Pizza with Chips
08-Oct						
05-Nov	Dessert	Sweet corn Mixed Peppers	Broccoli Tomato Salad	Savoy Cabbage Sweetcorn	Cheese, Ham & Tuna Fillings with a variety of Salads	Baked Beans Garden Peas
26-Nov		Orange Cake Yoghurt Fresh Fruit Platter	Jam Sponge with Custard Yoghurt Fresh Fruit Salad	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Chunks	Oaty Peach Crumble with Custard Yoghurt Fresh Fruit Salad	Yoghurt and 'Fruit Station'
17-Dec						

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection

