

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Cajun Chicken With Rice	Spaghetti Bolognaise	Roast Beef with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Cod Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018	Vegetarian	Pasta Neapolitan with Spinach	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Cheese & Pepper Whirl	Cheese, Onion and Spinach Quiche with Chips
04/06/2018 25/06/2018	Side	Mixed Peppers Green Beans	Sweet Corn Broccoli	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans Garden Peas
16/07/2018	Dessert	1 Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Jam Sponge Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	Main	Sausages with Mashed Potatoes and Gravy	Jollof Rice with Chicken	Roast Turkey with Roast Potatoes & Gravy	Beef and Bean Fajitas with Baked Jacket Wedges	Breaded Fish, Chips and Tomato Sauce
23/04/2018 14/05/2018	Vegetarian	Lentil and Sweet Potato Curry with Rice	Vegetable Pasta Bake	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese with Tomato Topping	Spicy Bean Burger with Chips
11/06/2018 02/07/2018	Side	Carrots Garden Peas	Broccoli Sweet corn	Fresh Mixed Seasonal Vegetables	Mixed Green Salad Coleslaw	Baked Beans Garden Peas
23/07/2018	Dessert	Fruit Jelly Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Oaty Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Chocolate Sauce Yoghurt Fresh Fruit Platter	Fruit Yoghurt Fresh Fruit Salad
Week 3	Main	Beef Lasagne	Cheese & Tomato Pizza with Baby New Potatoes	Roast Gammon with Roast Potatoes & Gravy	Chicken Chow Mein	Fish in Batter, Chips and Tomato Sauce
30/04/2018 21/05/2018	Vegetarian	Jollof Rice with Quorn and Mixed Beans	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Vegetable Chilli, Rice and Wholemeal Flatbread	Cheese and Tomato French Bread Pizza with Chips
18/06/2018 09/07/2018	Side	Roasted Peppers & Sweet Corn Mix	Sweet Corn and Roasted Tomatoes	Fresh Mixed Seasonal Vegetables	Mixed Green Salad Coleslaw	Garden Peas Baked Beans
	Dessert	Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Ice Cream Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Carrot Cake Yoghurt Fresh Fruit Platter	Vanilla Shortbread Yoghurt Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection & fresh fruit and yoghurt