

KARATE KYOKUSHIN

KIDS & ADULTS



ONE OF THE UK'S LEADING KARATE KYOKUSHIN SCHOOLS.

Karate Kyokushin - **Boxing** - Kickboxing - **Circuit training** - Personal training

HELP YOUR CHILD WITH THEIR:

- discipline
- coordination & flexibility
- confidence
- respect for others
- concentration
- leadership skills
- self-defence
- anti-bullying skills

WHILST HAVING FUN



**Challenge your body & mind
achieve great results.**

- self confidence & stress relief
- self discipline & self defence
- strength & flexibility
- return to sport & general fitness

Join our great team today



We work with total beginners as well as top athletes.

Martial Arts is the ultimate way to **get fit** and build a **winning spirit**.



FREE TRIAL CLASS

All ages and levels are WELCOME

Simeon Kyurchiev
Chief Instructor

**Active athlete 20+ years
of experience in Martial Arts**



Phone: 0 750-20-20-647

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FIND US ON:   **@ELITEMARTIALARTSRICHMOND**

OUR CLASSES: PUTNEY - RICHMOND - WIMBLEDON - KINGSTON