



**SOUTH WEST  
LONDON  
VINEYARD**



**V PARENTING**

Parenting is a journey. In our experience it is also one of the best and hardest things we have ever done. We recognise however that as our children grow and develop we too need to grow and develop our parenting. Please join us as we create space to reflect, consider our parenting and learn from each other.

South West London Vineyard are hosting three parenting courses in the Autumn term 2019 at Ark Putney Academy, over five Tuesday evenings with dinner provided. The relaxed, informal courses will be run by experienced facilitators, who as parents themselves have weathered the challenges and joys of parenting.

All three courses are suitable for parents from all different backgrounds and family structures. We hope you will choose the one most suited to your needs:

**PARENTALK - THE PRIMARY YEARS**

For parents/carers of children aged 0-10 years old. The course, produced by Care for the Family, aims to equip and provide tools for the stage of parenting you are in and as you look forward to the next stage.

**PARENTALK - THE TEENAGE YEARS**

For parents/carers of children in Year Five upwards. The course, produced by Care for the Family, aims to help parents/carers do the best job they can as they navigate these years with their teenagers and soon-to-be teenagers.

**PARENTING SENSORY CHILDREN**

For parents/carers of children up to 18 years old that have difficulties processing sensory information. The course, run by an experienced occupational therapist, aims to provide up-to-date information and equip you with parenting tools and skills to parent your sensory child, especially when it can be challenging.

**DATES: TUESDAYS. 17 SEPTEMBER - 15 OCTOBER 2019**

**TIME: 7:45PM - 9:30PM**

**AT: ARK PUTNEY ACADEMY. SW15 3DG**

**COST: FREE**

**SIGN UP: [SWLV.ORG.UK/DISCOVER-MORE/VPARENTING](http://SWLV.ORG.UK/DISCOVER-MORE/VPARENTING)**

SWLV is a Christian church which meets at Ark Putney Academy. SWLV runs The Yard, a community space on the Ashburton Estate with a Foodbank, Job Club, Baby & Toddler Group and English Language Class.

ST. MARY'S CE PRIMARY SCHOOL



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