

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 29th April 20th May 17th June 8th July	Main	Beef Spaghetti Bolognese with Garlic Bread	Chicken and Bean Fajitas with Rice	Roast Beef with Roast New Potatoes & Gravy	DELI Day – Baguette & Wraps with Tomato Soup	White Fish/Fish Fingers, Chips and Tomato Sauce
	Vegetarian	Pasta Neapolitan with Spinach	Glamorgan Bean & Leek Sausage with Baked Potato Wedges	Creamy Vegetable Pie with Roast Potatoes & Gravy	As above	Cheese and Pepper Whirl with Chips
	Dessert	Carrots Garden Peas Sticky Toffee Pudding with Custard Yoghurt Fresh Fruit Platter	Sweetcorn Green Beans Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Sliced Carrots Broccoli Ice Cream Yoghurt Fresh Fruit Platter	Cheese, Ham & Tuna Fillings with a variety of salads Chocolate Cocoa Cookie, Natural Flavoured Yoghurt or Fresh Fruit	Baked Beans Garden Peas Jam Sponge with Custard Fruit and Yoghurt Station
Week 2 6th May 3rd June 24th June 15th July	Main	Beef Burger in a Bun with Baked Jacket Wedges	BBQ Chicken with Rice	Roast Turkey with Roast Potatoes & Gravy	DELI Day – Baguette & Wraps with Vegetable Soup	White MSC Breaded Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Spicy Bean Burger in a Bun with Baked Jacket Wedges Crunchy Carrot Sticks Peas	Macaroni Cheese Green Beans Coleslaw	Lentil and Basil Puff Pastry Turnover with Roast Potatoes Fresh Mixed Seasonal Vegetables	As above Cheese, Ham & Tuna Fillings with a variety of salads	Vegetable Pasty with Chips Baked Beans Garden Peas
	Dessert	Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Cinnamon Cookie Natural Flavoured Yoghurt or Fresh Fruit	Ice Cream Fruit and Yoghurt Station
Week 3 13th May 10th June 1st July	Main	Cheese & Tomato Pizza with New Potatoes	Chicken Tikka Masala with Rice & Curry Bread	Roast Chicken & Stuffing with Roast Potatoes & Gravy	DELI Day – Baguette & Wraps with Leek & Potato Soup	White Battered Fish, Chips, Tomato Sauce
	Vegetarian	Cheese and Tomato Pizza with New Potatoes	Lentil and Sweet Potato Curry with Rice & Curry Bread	Vegetable Wellington with Roast Potatoes & Gravy	As above	Red Pepper and Cheese Frittata with Chips
	Dessert	Sweetcorn Tomato Salad Chocolate & Orange Brownie Yoghurt Fresh Fruit Salad	Sliced Carrots & Green Beans Ice Cream Yoghurt Fresh Fruit Platter	Broccoli and Cauliflower Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Cheese, Ham & Tuna Fillings with a variety of salads Vanilla Shortbread Natural Flavoured Yoghurt or Fresh Fruit	Garden Peas Baked Beans Carrot Cake Fruit and Yoghurt Station

