



Family Activity Sheet – Gaming

This activity sheet has been created to help you to learn more about online gaming and how to stay safe when playing.

Conversation starters

Here some questions you can ask to start a conversation:

- Ask your child what games they know about and/or enjoy playing online. Why do they like them/ think they are popular.
- Ask your child how they would explain their favourite game to another young person, and how they could help play them safely.
- Ask about who they talk to and how in an online game. What would they do if they felt worried about a conversation? Make sure they know they can tell you if anything in the game makes them feel worried or uncomfortable.

Online safety action

Pick one of these actions to do as a family:

- Visit our [Thinkuknow website](https://www.thinkuknow.co.uk) and search for tips on how be safe when playing games for different ages, by typing ‘games’ or ‘gaming’ into the search box.
- Visit www.askaboutgames.com and look for advice on how you can set up family controls to limit who children talk to, how much they spend in game and time spent online.
- Visit [NSPCC’s Online Games](https://www.nspcc.org.uk) webpage to find out more about the risks, and ways to help make online gaming safer.

Fun family task

Visit the Family Game Database – www.taminggaming.com – which provides information on a range of games, including good games to play online for families.

Pick out a new game to play together – and PLAY!

Use this as an opportunity to talk about the positive of gaming, as well as how to stay safe while playing the game.

More information for parents and carers

For more information about this and other ways to help your child stay safe online, you can visit www.thinkuknow.co.uk/parents.

You can also read our article : [In-game chat: what parents and carers need to know.](#)

