

Autumn Menu 202

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(§) Wholemeal

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Week One 6 th Sept 27 th Sept 18 th Oct 15th Nov 6 th Dec	Option 1	Vegetable and Bean Fajitas with 50/50 Rice	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Macaroni Cheese	Devil's Kitchen Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Homity Pie with Chips
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Fruit and Yoghurt Station	Oaty Cookie	Apple, Cheese and Biscuits
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Week Two 13 th Sept 4 th Oct 1st Nov 22 nd Nov 13 th Dec	Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Beef with Roast Potatoes and Gravy	Mediterranean Chicken Stew with Rice	MSC Breaded Fish with Chips and Tomato Sauce
	Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
	Vegetables	Green Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Fruit and Yoghurt Station	Peach Upside Down Cake	Apple Flapjack
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Week Three 20 th Sept 11 th Oct 8th Nov 29th Nov	Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Chicken with Roast Potatoes and Gravy	Chicken, Lentil and Gravy Pie with Mashed Potatoes	MSC Fish in Batter with Chips and Tomato Sauce
	Option 2	Devil's Kitchen Meatballs in Tomes Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips
	Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Fruit and Yoghurt Station	Eves Pudding and Custard	Pinwheel Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY **INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child.