



Music Therapy

The Healing Power of Music

Music therapy is the well-established, evidence based clinical use of musical interventions to improve well-being and quality of life. Music therapists support people to reach their full potential, building confidence and developing physical, emotional, mental and social wellbeing. Music Therapy sessions focus on communication using sound (using instruments and the voice), which enables the client to communicate and express themselves.

Our therapists work with young people experiencing a range of difficulties, which might include:

- Learning difficulties;
- Communication difficulties;
- Emotional difficulties;
- Behavioural difficulties;
- Loss;
- Distressing, traumatic experiences;
- Physical or co-ordination problems;

About Us

Our Music Therapists are skilled musicians and professionally trained, qualified Music Therapists (Postgraduate Diploma/MA). Our therapists are state registered under the [Health and Care Professions Council](#) and work to the code of conduct set out by the [British Association for Music Therapy](#).

All music therapists engage in regular clinical supervision and update their skills through continuing professional development and training.

Wandsworth Music's Music Therapy Saturday Clinic

1:1 Music Therapy sessions are available at Wandsworth Music's Saturday Clinic. The clinic runs during term time only. There are 10x Music Therapy sessions per term.

Music Therapy is offered in blocks of 10 at a cost of £37 per session.

To make a referral please follow the link below

[Microsoft Forms](#)



Microsoft Forms

For more information or a general enquiry please email:
musictherapy@wandsworthmusic.co.uk