## Summer Menu 2022

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feeding the i		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE 18 April 9 May 30 May 20 June 11 July	Option 1	Cheese and Tomato Pizza	Spaghetti Bolognaise	Roast Beef, Roast Potatoes & Gravy	Beefburger in a bun with Jacket Wedges and tomato Sauce	Breaded Fish with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes	Quorn Spaghetti Bolognaise	Vegetable Wellington with Roast Potatoes & Gravy	Vegan Burger in a bun with Jacket Wedges	Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Cucumber Rainbow Slaw	Green Beans Mixed Peppers	Cabbage Broccoli	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Lemon Drizzle Cake	Fresh Fruit & Ice Cream	Chocolate & Beetroot Brownie with Chocolate Sauce	Fresh Fruit, Yoghurt Station
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WEEK TWO 25 April 16 May 6 June 27 June 18 July	Option 1	Macaroni Cheese	Sausage Roll & Potato Wedges	Roast Chicken, Roast Potatoes, Stuffing & Gravy	DELI DAY  Baguette or Wraps with a choice of filling i.e Ham, Cheese or Tuna with Homemade Tomato Soup	Fishfingers with Chips & Tomato Sauce
	Option 2	Sweet and Sour Noodles	Mexican Vegetarian Sausage Roll & Potato Wedges	Roast Quorn, Roast Potatoes, Stuffing,& Gravy	As above	Cheese & Bean Pasty with Chips
	Vegetables	Sweetcorn Cauliflower	Sweetcorn Mixed Peppers	Carrots Peas	Variety of Mixed Salads & Potato Salad & Coleslaw	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Vanilla Shortbread	Fresh Fruit & Yoghurt Station	Ice Cream	Apple, Cheese & Crackers
WEEK THREE 2 May 23 May 13 June 4 July	Option 1	Cheese and Tomato Pasta	Chicken Fajitas with Rice	Roast Chicken Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Falafel with Lemon & Herb Couscous	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
	Dessert	Strawberry Jam Sponge	Raspberry Jelly	Fresh Fruit & Yoghurt Station	Iced Sponge Cake	Chocolate Shortbread

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